~ Bio and Vita of John R. Suler, Ph.D. ~

In 25 words or less, I am a writer, psychologist and photographer who sought out emerging and integrative fields of psychology, including east/west psychology, cyberpsychology, and photographic psychology.

Psychology Points the Way

It was the elective class in social science during my senior year of suburban Long Island's Farmingdale High that set me on this path. The fact that there were actually theories about human behavior fascinated me, especially Freud's idea that the mind could be divided into the three parts of id, ego, and superego. Turning on a dime, I dropped my plans to major in aeronautic engineering in college and instead headed without hesitation towards psychology.

Philosophy on the Side

Learning that the nearby State University of New York at Stony Brook had one of the best psychology programs in the country, I applied and got in with a scholarship. Still rather naive about psychology, I didn't realize that the university had one of the best *behavioral psychology* programs in the country. Although I appreciated this highly scientific approach, I also needed to sneak in philosophy courses on Freud, existentialism, and thanatology. In the religious studies department Thomas Altizer's lectures on how Kierkegaard and Nietzsche conceptualized the mind captivated me. Impressed by my term paper for his course, he invited me to lunch at a local cafe where I informed him that I wanted to become a psychologist. Without hesitating he said, "You'll be a fish out of water."

Meanwhile, in the psychology department I became an assistant in James Geer's lab for research on sexual behavior. Years later my own undergraduate students took delight in my stories about running subjects in one of Geer's studies using a penile plethysmograph and a porno movie to determine whether sexual arousal is associated with a particular facial expression. The results were inconclusive (but I got valuable research training that prepared me for graduate school).

The Psychodynamic, the Psychiatric, and a Dash of the Digital

In the doctorate clinical psychology program at the State University of New York at Buffalo, I hated the harsh winters but loved my comprehensive education. As a member of Edward Katkin's psychophysiology lab, I learned about the real-time control of experimental procedures for my research on mental imagery by using "microprocessors," the first-generation desktop computers that were a pioneering alternative to the large mainframes that consumed endless rows of punch cards. Little did I realize that Ed's encouraging me to work with computers would lead to an important stage of my career years later.

Joe Masling took us on a deep dive into classical psychoanalytic theory, including his championing of how its concepts could be verified using the scientific method, despite the critics who claimed otherwise. All of the professors in psych, including Joe, emphasized the importance of our becoming scientists.

I took to heart the clinical faculty's endorsement of the popular scientist-practitioner model. In addition to being a scientist, I wanted to learn how to do psychotherapy. Inviting me into her supervision groups and to work as a novice clinician in the department clinic, Arlene Burrows introduced me to the captivating world of psychodynamic therapy. I, as did many of the other interns, quickly recognized the beautiful healing powers of this therapeutic style that encouraged insight, both cognitive and emotional.

I was also very fortunate to study under Murray Levine, who rounded out my education with community psychology while supporting me in my research on the role of ideology in self-help groups. His Halloween costume parties for the department were legendary.

Looking back on my internship in the psychiatry unit at the University of Connecticut School of Medicine, my gratitude goes to Howard Tennen, Karel Rubenstein, and Harry Fiss who expanded my love of psychoanalysis into its more contemporary forms of object relations theory and self psychology. They also helped me appreciate the challenges faced by acute and chronic psychiatric patients. Their devotion, imagination, and sense of humor about being psychologists in a world run by psychiatrists impressed me. My immersion into this realm of the psychiatric hospital inspired me later to write a novel intended for use in teaching my undergraduate courses, *Madman: Strange Adventures of a Psychology Intern.*

Along the Experiential and Qualitative Path

During my almost four decades of teaching undergraduates at Rider University, I cultivated what I believed to be the most valuable opportunity I could offer my students: to learn experientially with hands-on activities, to apply concepts to your life, to understand others – and most importantly, to understand yourself. Intrapersonal and interpersonal learning were my cri de coeur. The students loved this approach, as well as my sense of humor and willingness to look silly in order to demonstrate an idea.

Rider provided me the space to steer my research into emerging fields of psychology, fields not always appreciated by other academics. Straying from the standard of conducting quantitative scientific research, I felt compelled towards exploring such qualitative methods as interviews, case studies, field observations, and especially the participant-observation research that resonated so well with psychoanalytic theory.

During my first decade in academia, I joined the small but growing community of psychoanalytic thinkers who wanted to explore how eastern philosophy informs western psychology, which for me meant studying the integration of psychoanalytic theory with Zen and Taoism. I started meditating, reading everything I could find on the topic, and exercising my muscles for theoretical thinking in writing journal publications and my book *Contemporary Psychoanalysis and Eastern Thought.*

As in graduate school, I also wanted to develop my clinical skills. I conducted psychotherapy in a private practice and at the university counseling center, while soaking up even more psychoanalytic ideas as a decade-long member of a clinical supervision group led by Nancy McWilliams, who at the time was developing a new framework for psychoanalytic diagnosis. Until his untimely death, I also had the pleasure of participating in Lloyd Silverman's study group on the use of imagery techniques in psychotherapy. Once a month I tackled the rather daunting task of driving through the Midtown tunnel and Manhattan streets to his apartment near Central Park where he held the meetings. I often had to circle around and around the neighborhood hoping for a parking space to open up, but it was all well worth the effort.

During my second decade of being a professor, my brand-new Quadra Mac computer – which I had bought mostly for word-processing and communicating with a few friends who just started using this new thing called "e-mail" – unexpectedly steered me into a fascination for cyberspace, of how people express themselves in discussion boards, chat rooms, and especially visual avatar communities such as the Palace. These places all predated "social media."

Among the many articles and books I wrote about cyberpsychology, the piece about the online disinhibition effect really struck a chord with the public, the media, and academics alike. Ironically, it was also the ubiquity of inappropriate behavior online along with the negative impact the new forms of social media inflicted on people's mental health that eventually cooled my desire to study or even participate in the popular online platforms. I think back to the early days – when people like John Grohol, Azy Barak, Michael Fenichel, Storm King, Kimberly Young, and myself – felt very optimistic about pioneering the first wave of psychologists studying online behavior and the potential benefits of cyberspace.

During my last decade of research, I focused on my career-long interest in images by developing what I called "photographic psychology," the study of photography through the lens of psychological principles. Ever since childhood, I loved taking photographs. Dick Zakia emailed me to express his enthusiasm for my Photographic Psychology website and to share ideas about images. A year later, after he passed away, I had the pleasure and honor of writing the last edition of his classic book *Perception and Imaging: Photography as a Way of Seeing.*

In retirement, I continue with the ongoing endeavor of publishing my work online, now in my Collected Works at johnsuler.com; writing the sequel to *Madman*; playing piano and doing photography; and enjoying life in the southern Appalachia mountains with my wife Debra. We also spend as much time as possible with our two grown daughters, and our granddaughter.

VITA – John R. Suler, Ph.D.

EDUCATION

B.A.   Psychology, State University of New York at Stony Brook, 1977, summa cum laude
Ph.D. Clinical Psychology, State University of New York at Buffalo, 1982

AWARDS AND HONORS

Honorary Professor, Cyberpsychology Research Centre at the Institute of Leadership,
    Royal College of Surgeons in Ireland (RCSI), 2014-2017
Distinguished Teaching Award, Rider University, 2010
Next Generation Indie Book Award for First Novel, 2010
University Graduate Fellowship, State University of New York at Buffalo, 1980- 81
Woodburn Graduate Fellowship, State University of New York at Buffalo, 1977- 80
Melville Valedictory Award, State University of New York at Stony Brook, 1977
Phi Beta Kappa, State University of New York at Stony Brook
Farmingdale High School, New York, Valedictory Award, 1973

TEACHING EXPERIENCE

Professor of Psychology, Rider University, 1982 - 2020.
Responsible for teaching introductory and advanced courses in clinical psychology:

- Introduction to Psychology
- Abnormal Psychology
- Psychological Testing
- Fieldwork
- Psychopathology (graduate)
- Cyberpsychology

- Theories of Psychotherapy
- Psychology of Religion
- Group Dynamics with lab
- States of Consciousness
- Psychology and Film
  The Psychology of Improvisation

Instructor, Psychology of Religion, Spring 1980, SUNY at Buffalo
Instructor, Abnormal Psychology, Spring 1981, SUNY at Buffalo

Photographic Psychology: Forces that Shape the Psyche
An educational exhibition of photography at the Rider University Art Gallery in Sept 2012.

SUMMARY OF RESEARCH EXPERIENCE

Cyberpsychology, Rider University, 1996 – 2020
> Studies of individual and group behavior in cyberspace, including the development of the concept of cyberpsychology architecture and the online psycho-educational self-help program "eQuest." Obtained Summer Fellowships (2000, 2002, 2003, 2006, 2009, 2015) from Rider University for this research.

Photographic Psychology, Rider University, 2006 – 2020
> The application of psychological principles to how people create, share, and interpret photographic images, especially in digital environments. Obtained Summer Fellowship (2007, 2010, 2011, 2012) from Rider University for this research.

Research on the teaching of clinical psychology. Rider University, 1984 to 2020
> Quantitative and qualitative studies of teaching techniques and experiential exercises, especially concerning the teaching of Theories of Psychotherapy and Psychological Tests. Collaborative and supervised research with students.

Research on self psychology and psychoanalytic phenomenology, including their relationship to eastern thought. Theoretical and clinical research. Rider University, 1987 to 1996. Obtained Summer Fellowship (1991) from Rider University for this research.

Research on mental imagery, Rider University, 1983 to 1992.
> The role of mental imagery in creativity, emotional processes, and psychoanalytic psychotherapy; psychophysiological measures and computer programs for assessing mental imagery ability. Collaborative and supervised research with students. Obtained three grants-in-aid (1983-1986) and a Summer Fellowship (1986) from Rider University for this research.

Research on the therapeutic processes in self-help groups; State University of New York at Buffalo, University of Connecticut Health Center, Rider University, 1980 to 1985. Theoretical and field research; case studies.

Member of clinical research group for studying mental imagery techniques in psychoanalysis, led by Lloyd Silverman, Ph.D., New York University. 1984-85.

Psychophysiological Laboratory, State University of New York at Buffalo, 1977- 1981
> Member of research team, led by Dr. Edward Katkin, for conducting psychophysiological research. Research on mental imagery and psychophysiological disorders.

HARDCOPY BOOKS

Suler, J.R. and Zakia, R.D. (2018). *Perception and Imaging: Photography as a Way of Seeing*. Focal Press.

Suler, J.R. (2016). *Psychology of the Digital Age: Humans Become Electric*. *Cambridge University Press*.

Suler, J..R. (2010). *Madman: Strange Adventures of a Psychology Intern*. True Center Publishing, Doylestown, PA. (Next Generation Indie Book Award for First Novel, 2010)

Suler, J.R. (1993). *Contemporary psychoanalysis and eastern thought*. Albany, New York: State Univeristy of New York Press.

ONLINE BOOKS (recent editions in The Collected Works of John Suler at johnsuler.com)

Suler, J.R. (2007, 2024). *Photographic Psychology*

Suler, J.R. (1996, 2024). *The Psychology of Cyberspace*

Suler, J.R. (1995, 2024). *Teaching Clinical Psychology*

Suler, J.R. (1996, 2024). *Zen Stories to Tell Your Neighbors*

Suler, J.R. (2024). *Group Dynamics: A Deep Dive into an Interpersonal Learning Environment*

ONLINE MANUALS (recent editions in The Collected Works of John Suler at johnsuler.com)

Exercise Manual for *Perception and Imaging: Photography as a Way of Seeing*

Instructor Manual for *Madman: Strange Adventures of a Psychology Intern*

Student Manual for *eQuest: An Online Educational Self-Help Program*

Instructor manual for *Psychology of the Digital Age*

Graduate School and Careers in Applied Mental Health Psychology

Qualitative Research Methodology for Photographic Psychology

Student Manual for Group Dynamics

Working and Playing with Dreams

Administering and Taking a Psychological Test Battery

PUBLICATIONS (peer reviewed)

Suler, J. (2018). Cyberpsychology. In S. Akhtar and S. Twemlow (Eds), *Textbook of Applied Psychoanalysis*, Karnac.

Suler, J. (2017). The Dimensions of Cyberpsychology Architecture. Leading chapter in J. Gackenbach (Ed.), *Boundaries of Self and Reality Online: Implications of Digitally Constructed Realities,* Academic Press.

Suler, J. (2016). Psychoanalytic cyberpsychology. *International Journal of Applied Psychoanalytic Studies*, 13(1), doi: 10.1002/aps.1487.

Suler, J. (2016). The uncanny in the digital age. *International Journal of Applied Psychoanalytic Studies*, doi: 10.1002/aps.1479.

Suler, J. (2015). The ambivalence of the digital natives. *International Journal of Applied Psychoanalytic Studies*, 12(2), 175-180.

Suler, J. (2015). From self-portraits to selfies. *International Journal of Applied Psychoanalytic Studies*, 12(2), 175-180.

Suler, J. (2013). Conceptual photography. Mindfulness in photography. Image therapeutics. Inside the psyche. Negative space. All are invited articles appearing in the 4th edition of Richard Zakia's *Perception and Imaging*, Focal Press (Elsevier), Oxford.

Suler, J. (2012). The decisive moment. *International Journal of Applied Psychoanalytic Studies,* 9, 372-375.

Suler, J. (2011). The impact of image streams. *International Journal of Applied Psychoanalytic Studies*, 9, 84-88.

Suler, J. (2011). Creating images for educational presentations: Insights from contemporary conceptual photography. *International Journal of Applied Psychoanalytic Studies*, 8, 103-111.

Suler, J. (2011). Interpersonal guidelines for texting. *International Journal of Applied Psychoanalytic Studies*, 7, 358-361.

Suler, J. (2010). Myths about online psychotherapy. *Cross Currents: The Journal of Addiction and Mental Health*, 13, 3.

Suler, J. (2009). The psychotherapeutics of online photosharing. *International Journal of Applied Psychoanalytic Studies*, 6, 339-344.

Suler, J. (2008). Image, action, word: Interpersonal dynamics in a photo-sharing community. *CyberPsychology and Behavior*, 11, 555-560.

Barak, A., Boniel-Nissim, M., & Suler, J. (2008). Fostering Empowerment in online support groups. *Computers in Human Behavior*. 24, 1867-1883.

Barak, A., & Suler, J. (2008). Reflections on the Psychology and Social Science of Cyberspace. In *Psychological Aspects of Cyberspace: Theory, Research, Applications* (A. Barak, editor), pp 1-12. Cambridge University Press.

Suler, J. (2008). Cybertherapeutic theory and techniques. In *Psychological Aspects of Cyberspace: Theory, Research, Applications* (A. Barak, editor), pp. 102-128. Cambridge University Press.

Suler, J. (2005). eQuest: Case study of a comprehensive online program for self-study and personal growth. *CyberPsychology and Behavior*, 8, 379-386.

Suler, J.R. (2004). Extending the Classroom into Cyberspace: The Discussion Board. *CyberPsychology and Behavi*or 7, 397-403.

Suler, J.R. (2004). Do boys and girls just wanna have fun? In *Gender Communication* (A. Kunkel. ed.). Dubuque: Kendall/Hunt Publishing.

Suler, J.R. (2004). The psychology of text relationships. In: Kraus, R., Zack, J., Stricker, G. (eds.), *Online counseling: a handbook for mental health professionals*, pp 19-50. London: Elsevier Academic Press.

Suler, J.R. (2004). The online disinhibition effect. *CyberPsychology and Behavior*, 7, 321-326.

Suler, J. (2004). Computer and cyberspace addiction. *International Journal of Applied Psychoanalytic Studies*, 1, 359-362.

Suler, J.R. (2002). Identity Management in Cyberspace. *Journal of Applied Psychoanalytic Studies*, 4, 455-460.

Suler, J.R. (2002). The future of online clinical work. *Journal of Applied Psychoanalytic Studies*, 4, 265-270.

Fenichel, M., Suler, J., Azy Barak, Zelvin, E., Jones, G., Munro, K., Meunier, V., & Walker-Schmucker, W. (2002). Myths and Realities of Online Clinical Work. *CyberPsychology and Behavior*, 481-497.

Suler, J.R. (2001a). The online clinical case study group: An e-mail model. *CyberPsychology and behavior, 4, 711-722*.

Suler, J.R. (2001). Psychotherapy and clinical work in cyberspace. *Journal of Applied Psychoanalytic Studies*, 3, 95-97.

Suler, J.R. (2001). The psychology of avatars and graphical space in multimedia chat communities. In *Chat Communication*, Michael Beiswenger (Ed.), pp. 305-344. Ibidem, Stuttgart, Germany.

ISMHO Clinical Case Study Group - J. Suler, lead author (2001). Assessing a person's suitability for online therapy. *CyberPsychology and Behavior*, 4, 675-680.

Suler, J.R. (2000). Case studies and the evolution of digital life forms. *CyberPsychology and Behavior*, 3, 219-220.

Suler, J.R. (2000). Exploring psychoanalysis on the web. *Journal of Applied Psychoanalytic Studies*, 2, 205-208.

Suler, J.R. (2000). Psychotherapy in cyberspace: A 5-dimension model of online and computer-mediated psychotherapy. *CyberPsychology and Behavior*, 3, 151-160.

Suler, J. (1999). Publishing Online. *Journal of Applied Psychoanalytic Studies*, 1, 373-376.

Suler, J.R. (1999). Internet mailing lists. *Journal of Applied Psychoanalytic Studies*, 1, 199-201.

Suler, J.R. (1999) To get what you need: Healthy and pathological Internet use. *CyberPsychology and Behavior*, 2, 385-394.

Suler, J.R. (1999). The Palace. *New Observations: Cultures of Cyberspace*, 120, 10.

Suler, J.R. and Phillips, W. (1998). The Bad Boys of Cyberspace: Deviant Behavior in Multimedia Chat Communities. *CyberPsychology and Behavior*, 1, 275-294.

Suler, J.R. (1996). Mental imagery in the organization and transformation of the self. *Psychoanalytic Review*, 83, 655-672.

Suler, J.R. (1996). Psychoanalysis. In *Philosophy of Education: An Encyclopedia* (J.J. Chambliss, Editor), pp.508-512. New York: Garland.

Suler, J.R. (1996). Computer-simulated psychotherapy as an aid in teaching clinical psychology. In *Handbook of Demonstrations and Activities in the Teaching of Psychology (volume 3)*. Ware, M. & Johnson, D. (eds). New York: Lawrence Erlbaum Associates (reprinted from Teaching of Psychology, 14, 37-39)

Suler, J.R. (1995). Psychoanalysis and Zen Buddhism. *Psychoanalytic Review*, 82, 407-426.

Rizziello, J., & Suler, J.R. (1992). A computer program for the block figure imagery test: A preliminary report. *Journal of Mental Imagery*, 16, 205–210

Suler, J.R. (1991). The T'ai Chi Images: A model of psychotherapeutic change. *Psychologia: An International Journal of Psychology in the Orient*, 34, 18–27.

Suler, J.R. (1991). Book review of Clinical Empathy, by D. Berger. NY: Jason Aronson, 1987. In *Psychoanalytic Psychology*, 8, 122–127.

Suler, J.R. (1990). Wandering in search of a sign: A contemporary version of the Vision Quest. *Journal of Humanistic Psychology*, 30, 73-88.

Suler, J.R. (1990). Images of self in Zen meditation. *Journal of Mental Imagery*, 14, 197–204.

Suler, J.R. (1990). Book review of Theories of the unconscious and theories of the self, R. Stern (Ed.). Hillsdale, NJ: Analytic Press, 1987. In *Psychoanalytic* Psychology, 7, 157-160.

Suler, J.R. (1989). Mental imagery in psychoanalytic treatment. *Psychoanalytic Psychology*, 6, 343-366.

Suler, J.R. (1989). Paradox in psychological transformations: The Zen koan and psychotherapy. *Psychologia: An International Journal of Psychology in the Orient*, 32, 221-229.

Suler, J.R. (1989). "Eliza" helps students grasp therapy. *APA Monitor*, 2, 30.

Finnegan, D.L., Suler., J.R., & Sadigh, M. (1989). The reluctant Mamma's boy: Diagnosis and treatment of a schizoid subgroup. (unpublished manuscript)

Suler, J.R. (1988). Book review of The Psychotic Core, by M. Eigen. N.J. & London: Aronson, 1986. In *Psychologist/Psychoanalyst*, 8, 31–32.

Suler, J.R. (1988). Book review of Progress in self psychology, vol. 2, Arnold Goldberg (Ed.). New York: Guilford Press, 1986. In *Psychoanalytic Psychology*, 5, 219-222.

Suler, J.R. & Genovese, D. (1988). Psychodynamics of the vision quest. *Voices: The Art and Science of Psychotherapy*, 24, 83–90.

Suler, J.R., & Katkin, E.S. (1988). Mental imagery of fear-related stimuli. *Journal of Mental Imagery*, 12, 115-124.

Suler, J.R. (1987). Computer-simulated psychotherapy as an aid in teaching clinical psychology. *Teaching of Psychology*, 14, 37-39.

Suler, J.R. (1987). Book review of Structures of subjectivity: Explorations in psychoanalytic phenomenology, by G. Atwood & R. Stolorow. Hillsdale, NJ: Lawrence Erlbaum Assoc., 1984. In *Psychoanalytic Psychology*, 4, 359-363.

Suler, J.R. & Rizziello, J. (1987). Imagery and verbal processes in creativity. *Journal of Creative Behavior*, 21, 1-6

Suler, J.R. (1986). Administering a test battery: Hands-on experience in teaching tests and measurements. Unpublished manuscript, Rider University.

Suler, J.R., & Bartholemew, E. (1986). Ideology in Overeaters Anonymous. *Social Policy*, 16, 48–53. (invited paper)

Suler, J.R. (1985). Imagery ability and the experience of affect by free associative imagery. *Journal of Mental Imagery*, 9, 101-110.

Suler, J.R. (1985b). Meditation and somatic arousal: A comment on Holmes review. *American Psychologist*, 40, 717.

Suler, J.R. (1985). Developing ideological mottos for the rehabilitation of chronic psychiatric patients. *Journal of Rehabilitation*, 51, 61-63.

Finnegan, D., & Suler, J.R. (1985). Psychological factors associated with improved health behaviors in post-coronary patients. *Journal of Psychology*, 119, 87–90.

Suler, J.R. (1984). The role of ideology in self-help groups. *Social Policy*, 14, 29-36 (invited paper)

Suler, J.R. (1980). Primary process thinking and creativity. *Psychological Bulletin*, 88, 144-165.

Suler, J.R., Katkin, E.S., Goldband, S., & Herman, T. (1980). Individual differences in HR and PTT responses in hypertensive and normotensive subjects. *Psychophysiology*, 17, 318.

Suler, J.R. (1976). Health, illness and cure in psychoanalysis. *Discourse: Stony Brook Working Papers in the Social Sciences and Philosophy*, 1, 14–24. (invited paper)

<u>PRESENTATIONS</u>

Suler, J.R. (2018). The Decisive Moment. Invited lecture at the International Center of Photography, New York.

Suler, J.R. (2016). Teaching Mindfulness to Students. Mindfulness and Education Symposium sponsored by the Rider University Graduate Education Program.

Suler, J.R. (2015). The Psychology of Cyberspace. A Heritage Week town hall discussion, DeSales University, Center Valley, PA.

Suler, J.R. (2014). The Varieties of Online Experience. Keynote address at the Cyberpsychology Research Centre, Institute of Leadership, The Royal College of Surgeons, Ireland.

Suler, J.R. (2013). The birth of cyberpsychology. A video created for the launch ceremony of the CyberPsychology Research Centre at the Institute of Leadership in the Royal College of Surgeons, Ireland.

Suler, J.R (2007). States of Consciousness: Enhancing Life by Exploring the Facets of Mind. Lectures for the Smithsonian Institute Resident Program. Washington, D.C.

Suler, J.R. (2002). eQuest: A Comprehensive Online Program for Self-study and Personal Growth. Conference of the American Psychological Association, Chicago.

Suler, J.R. (2001). The future of online clinical work. Conference of the American Psychological Association, San Francisco.

Suler, J.R. (2000). Online relationships via text talk. Conference of the Association of Internet Researchers, Lawrence, Kansas.

Suler, J.R. (2000). Panel discussant for "Information and Misinformation Online." Convention of the American Psychological Association, Washington, D.C

Suler, J.R. (2000). An online clinical case study group. Convention of the American Psychological Association, Washington, D.C.

Suler, J.R. (2000). The Clinical Psychologist in Online Communities. Convention of the New York State Psychological Association, New York.

Suler, J.R. (1999). Mental Health and the Internet, program organizer and chair. Convention of the Eastern Psychological Association, Providence, RI.

Suler, J.R. (1998). Interventions for deviant and pathological behavior in an online community. Paper at the Convention of the American Psychological Association, LA.

Suler, J.R. (1998). The psychology of cyberspace. Invited presentation at the convention of the New York State Psychological Association, Saratoga Springs, NY.

Suler, J.R. (1998). The psychology of cyberspace. Presentation at the symposium "Insider's Guide to Mental Health Resources Online." The Cape Cod Institute, July.

Suler, J.R. (1998). What is this thing called self? Presentation at the Conference on Psychotherapy, Spirituality, and the Evolution of Thought. Santa Monica.

Suler, J.R. (1997). From ASCII to Holodecks: Psychology of an Online Multimedia Community. Presenation at the Convention of the American Psychological Association, Chicago.

Suler, J.R. (1991). Organizer and Panel Facilitator for the Second Annual Conference on Psychotherapy and Eastern Thought: Clinical Issues. The Institute for Spirituality and Psychological Healing, Philadelphia.

Suler, J.R. (1990). Psychoanalysis and eastern thought. Presentation at the Symposium on Contemporary Psychoanalysis and Religion. Boston.

Suler, J.R. (1990). Mental imagery in psychodynamic therapy. CE workshop at the Convention of the Pennsylvania Psychological Association, Split Rock, Poconos.

Suler, J.R. (1990). Conference organizer for the Conference on Psychotherapy and Eastern Thought. The Institute for Spirituality and Psychological Healing in Philadelphia. The T'ai Chi images: A model of psychoanalytic therapy (paper presentation).

Suler, J.R. (1989). Experiential exercises for clinical psychology. Paper presented at the Conference for the Teaching of Psychology, Philadelphia College of Pharmacy and Science.

Suler, J.R. (1988). Symposium on Object Relations Theory and Self Psychology: Empirical, theoretical and clinical issues (program organizer and chairperson). Psychoanalytic research on the self (paper presentation). Convention of the Eastern Psychological Association, Buffalo.

Suler, J.R. (1988). Symposium on The schizoid personality: Theoretical and treatment issues (program organizer and chairperson). A theoretical overview of the schizoid personality (paper presentation). Convention of the Pennsylvania Psychological Association, Lancaster.

Suler, J.R. (1988). Using computer-simulated psychotherapy to teach undergraduate clinical psychology. Presentation at the Convention of the American Psychological Association, Atlanta.

Suler, J.R. (1988). The drive towards healing: A perspective from self psychology. Paper presented at the conference on Spirituality and Psychological Healing, Philadelphia.

Suler, J.R. (1987). Symposium on Object relations and self psychology in psychotherapy (program organizer and chairperson). A theoretical overview of object relations theory and self psychology (paper presentation). Convention of the Pennsylvania Psychological Association, Lancaster, PA.

Suler, J.R. (1987). Symposium on Imagery of the self (invited chairperson). Self-images in Zen meditation (paper presentation). Conference of the American Imagery Association, N.Y.

Suler, J.R. (1986). Symposium on Self-Reflection and self-synthesis (invited chairperson). Vision quest: The self in search of self (paper presentation). Convention of the American Psychological Association, Washington, D.C.

Suler, J.R. (1986). Computer-simulated psychotherapy as an aid in teaching clinical psychology. Presentation at the Convention of the American Psychological Association, Washington, D.C.

Suler, J.R. (1985). The effects of anxiety on mental imagery. Presentation at the convention of the Eastern Psychological Association, Boston.

Suler, J.R. (1985). Symposium on Psychoanalysis (invited chairperson). Mental imagery in psychoanalysis (paper). Conference of the American Imagery Assoc., Los Angeles

Suler, J.R. (1983). Individual differences in the access of affect by visual imagery and verbal associations. Paper at the convention of the Eastern Psychological Association, Phila.

Suler, J.R., & Katkin, E.S. (1979). HR and PTT in hypertensive and normotensive subjects. Presentation at the convention of the Society for Psychophysiological Research, Cincinatti.

PROFESSIONAL SOCIAL MEDIA WORK

Google+ (topics related to cyberpsychology and photography)

Flickr (topics related to cyberpsychology and photography)

Twitter (topics related to cyberpsychology)

Facebook (topics related to cyberpsychology)

CLINICAL EXPERIENCE

Licensed clinical psychologist, Pennsylvania lic. #PS-4628-L (1983-2005).

Founder and Facilitator of the Clinical Case Study Group for the International Society for Mental Health Online (http://www.ismho.org/ccsg.htm)

Member of clinical supervision group, led by Nancy McWilliams, Ph.D., Rutgers University. Psychoanalytic study of therapy cases; weekly meetings, 1985 to 1996.

Psychologist, Counseling Center, Rider University. 1983 to 1993 (part-time). Psychotherapy with student population; supervision of interns; clinical research.
Member of Princeton Area Study Group for the Treatment of Multiple Personality Disorders, monthly meetings, 1988 to 1992.

Member of clinical research group for studying mental imagery techniques in psychoanalysis, led by Lloyd Silverman, Ph.D., New York University. 1984 to 1986.

Individual supervision with Stanley Lependorf, Ph.D., Associate Director of Princeton University Counseling Center. Supervision of therapy cases. 1984 to 1985.

Intern (full time), University of Connecticut Medical School, Department of Psychiatry, 1981 to 1982. Work with acute inpatients and chronic patients in day treatment; outpatient psychotherapy; assessments; group supervision of externs.

Intern (half time), Psychological Services Center, SUNY Buffalo, 198O to 1981. Psychotherapy with student and community population. Individual & group supervision of externs.

Extern (half time), Psychological Services Center, State University of New York at Buffalo, 1979 to 198O. Psychotherapy and assessments.

<u>CONSULTATION</u>

Research Fellow and Honorary Professor, The CyberPsychology Research Center, Institute of Leadership, The Royal College of Surgeons, Ireland. 2014-2017

Consulting Editor, *CyberPsychology and Behavior*, 1997 – 2014.

Editor for the Contemporary Media Forum, *Journal of Applied Psychoanalysis*, 1997- 2005.

Consulting editor for Behavior Online and moderator of the Psychology of Cyberspace forum (http://www.behavior.net/), 1997 - 2005.

Consulting editor for *The Journal of Virtual Environments*, 1999–2004.

A Founding Member and Moderator for the International Society for Mental Health Online, 1995-2005.

Reviewer for *Psychoanalytic Psychology*, 1986 to 1992. Reviewer of books and empirical research papers.